

## *Ingredient Information*

*Each Clenserin capsule contains a proprietary synergistic formula which provides:*

- Bentonite Powder
- Lactobacillus Acidophilus and Lactobacillus Bifidus (totaling a minimum of 1 Billion Clinical Formulary Units)
- Magnesium Citrate Complex
- Psyllium Powder
- Barley Green Powder
- Bromelain
- Prune
- Anise
- Garlic (Pure Gar@/deodorized)
- Celery
- Ascorbic Acid
- Aloe Vera Powder
- Flax Seed
- Magnesium Stearate (Vegetable Source)
- Chlorella
- Spearmint

# Clenserin®

*A Dietary Supplement*

## *Product Overview*

Clenserin is a synergistic blend of 16 potent compounds scientifically selected on the basis of their known intestinal activity. A healthy intestinal tract is one of the first lines of defense against the many toxins found in our food supply. In addition, it is estimated that there are more bacteria living in our intestines than there are total cells in our bodies. With this large number of microscopic chemical factories going about their daily metabolic business, we need to make sure that they are predominately the “friendly” kind.

## *Healthy Highlights*

- Contains United States Pharmacopeia (USP) grade bentonite – a very potent adsorbent, capable of binding toxins more efficiently than kaolin or activated charcoal.
- Psyllium powder provides gentle cleansing of the intestinal mucosal lining and is available for conversion by friendly bacteria to short-chain fatty acids which help normalize intestinal flora.
- Clenserin includes both Lactobacillus Acidophilus and Lactobacillus Bifidus in a dairy-free form, beneficial acid-loving organisms useful in promoting the re-colonization of the intestinal tract with friendly bacteria.
- A specific blend of herbs, vegetable powders, and selected nutrients completes the broad-based spectrum of ingredients for intestinal support.

## *As Part of Your Plan*

A properly functioning intestinal tract is the key factor in the absorption of nutrients from the foods you eat. Periodic use of Clenserin will provide comprehensive nutritional support in the areas known to encourage optimal intestinal function.

As a normal result of the detoxification process some individuals may experience diarrhea and/or constipation. If you normally eat a good diet you can expect minimal changes in this regard. If you are not eating as well as you might your intestinal track is in need of cleansing and small changes in your bowel habits are an indication that you are successfully eliminating toxic substances. To help manage this process, drink more water if you are experiencing constipation and reduce your fluid intake if you are experiencing diarrhea. If symptoms persist beyond several days try reducing your dose of Clenserin for a brief period to 1-2 per day.

## *Recommended Usage*

Recommended Adult Use: Three capsules per day for 21 days. Repeat cycle every other month. Don't take Clenserin at the same time of day as your Custom Essentials or other nutrients.