

## Ingredient Information

### Each two Capsules Contain:

- Natural Triglyceride Marine Lipid Concentrate (Omega 3) 670 mg

### Providing:

- Pure Eicosapentaenoic Acid (EPA) 80 mg
- Docosahexaenoic Acid (DHA) 54 mg
- Borage Oil (Omega 6) 100 mg

### Providing:

- Gamma Linolenic Acid (GLA) 10 mg
- Vitamin E (d-alpha Tocopherol with Mixed Tocopherols) 5 I.U.

# Omegarín®

## A Dietary Supplement

### Product Overview

Omegarín is a dietary supplement providing optimal ratios of both Omega 3 and Omega 6 fatty acids. These fatty acids are vital for the production of prostaglandins, potent substances that regulate many processes in the body including blood vessel constriction/dilation, inflammation, and the “stickiness” of certain blood cells that can influence clotting. A special enzyme in your body converts the fatty acids you eat into the active forms of EPA and GLA, the parent compounds of prostaglandins and DHA a key factor in blood platelet “stickiness.” Unfortunately this enzyme does not always function perfectly. Omegarín supplies these EPA, DHA and GLA fatty acids directly.

### Healthy Highlights

- Natural Marine Lipid Concentrate provides EPA as well as other Omega 3 essential fatty acids.
- Borage oil, nature's richest source of GLA, provides essential fatty acids in the Omega 6 family.
- Each capsule also contains vitamin E to provide antioxidant protection for the delicate nutrients in Omegarín.

### As Part of Your Plan

Many factors can interfere with the enzyme that converts fatty acids into the active forms. These include too much processed fat in the diet (especially partially hydrogenated vegetable oils), weight problems, alcohol consumption, infections, certain diseases such as diabetes, and even normal aging. Omegarín bypasses any possible block in the metabolic pathways by providing your body with naturally-occurring, pre-formed DHA, and EPA and GLA, the parent compounds for the three major classes of prostaglandins.

### Recommended Usage

Recommended Adult Use: Two capsules with meals daily.