



#### PROFLORIN® INGREDIENTS

• Proflorin®:  
Proprietary Probiotic Blend:  
Lactobacillus acidophilus  
(DDS-1™\*), Bifidobacteria bifidum,  
Saccharomyces boulardii\*\*,  
Lactobacillus plantarum,  
Lactobacillus brevis,  
Bacillus subtilis,  
Lactobacillus caseii,  
Lactobacillus bulgaricus,  
Streptococcus thermophilus

(Minimum 4 billion organisms  
per capsule)

\*DDS-1™ is a registered trademark of  
Nebraska Cultures

\*\*Saccharomyces boulardii is a lactic acid  
yeast and does not promote Candida  
albicans growth.

# Proflorin®

*Occasional Intestinal Flora Balancing Support*

## Product Overview

The health of your gastrointestinal (GI) tract influences your nutritional status on a fundamental level. One of the most important contributing factors to proper GI function is balanced flora – good bacteria – in your intestines. Rounds of antibiotics, poor nutrition that compromises your intestinal lining, a diet high in processed foods are just a few of the reasons that you may lose the good bacteria population in your GI tract. Proflorin helps to replace these all-important “bugs” to insure healthy colonization of your intestinal flora and a source of beneficial transient bacteria.

## Healthy Highlights

- Proflorin contains a non-dairy source of favorable “residential” bacteria, Lactobacillus acidophilus and Bifidobacteria bifidum. These bacteria colonize and reside long-term in the GI tract, producing important compounds that have a positive effect on our intestinal health and nutrient absorption.
- Proflorin also contains a proprietary blend of transient bacteria, called homeostatic soil organisms or HSOs. These are organisms that would normally be ingested with a whole-foods natural diet, but which are sadly deficient in our food supply today. HSOs colonize and reside short-term in the GI tract, helping to normalize the pH of the colon, “crowd out” harmful bacteria, and are extremely stable throughout the GI tract, as they “pass through.”
- Additionally, Proflorin also contains Saccharomyces boulardii, a special bacterial strain which has been shown to stimulate secretory IgA (your immune system’s first line of defense).

## As Part of Your Plan

If you are experiencing food allergies, infections requiring antibiotic therapy, and/or your DigestTest shows elevated levels of urinary indican (a marker for poor protein digestion and/or harmful bacterial overgrowth), Proflorin can provide the occasional support needed to help balance and support normal intestinal flora. Additionally, if your ImmunoTest shows a decreased level of secretory IgA, Proflorin may be added to your program to help support increased production.

## Recommended Usage

Suggested Usage: Adults take 1 capsule daily as needed or as directed by your healthcare provider. Best results obtained when taken on an empty stomach between meals.